



Be Part of the Conversation

The Power of Connection

Friday, October 9, 2026 | 1:00–4:30 PM

Connection has the power to change the direction of a life, a career, and a community. Join the New Vitae Wellness Foundation for a special community in person event centered on connection, mentorship, resilience, advocacy, and thrivership. Through an educational presentation and interactive community conversation, we'll explore the people and connections that help us move forward, the wins along the way, and what happens when we show up for one another.

[Register Here](#)



Jennifer Foxworthy,
LMSW, VASII, MSM
Founder,

Featured Presentation

Flying in a F.I.T. Formation: The Power of Connection

What if thriving isn't about flying higher on your own, but learning how to fly together? Using the F.I.T. framework: Focused, Intentional, Thriving and the natural flight patterns of geese, Jennifer will explore the power of connection, mentorship, shared responsibility, and resilience.

Inspirationally Speaking

Participants will explore how meaningful connection and social support contribute to resilience and well-being, along with practical ways to strengthen mentorship, collaboration, and intentional support.

1 Continuing Education credit available through NASW-PA.

Be Part of the Conversation

Following Jennifer's presentation, we're bringing the conversation into the room. Our interactive community conversation will bring together people with different backgrounds, experiences, and perspectives to explore the connections that shape us, the moments that help us move forward, and what it means to show up for someone else. We'll talk about the wins, the challenges along the way, mentorship, advocacy, resilience, and the people who made a difference when it mattered. This isn't a traditional panel. Audience participation will be part of the conversation throughout, because some of the most meaningful perspectives may come from the people sitting in the room.

Joining the Conversation



Rob Guillory, MSN
MossRehab Institute for
Brain Health
Healthcare • Veteran •
Advocate



Dan "PJ" Kohli
Founder & CEO, Prize
Entrepreneur • Veteran •
Advocate



**Jennifer Foxworthy, LMSW,
VASII, MSM**
Founder, Inspirationally
Speaking
Speaker • Trainer • Advocate

And we want to hear from you. Attendees will have opportunities to participate, respond to questions, and anonymously share their own experiences throughout the conversation.

Event Schedule

1:00 PM | Registration, Light
Refreshments & Networking

Continuing Education Information

The community event is free to attend. Attendees who wish to receive continuing education credit are responsible for the applicable NASW-PA fee:
\$15 | NASW Members

1:30 PM | Welcome & Opening Remarks

1:40 PM | Flying in a F.I.T. Formation: The Power of Connection with Jennifer Foxworthy | 1 CE

2:40 PM | Break

2:50 PM | Interactive Community Conversation

3:50 PM | Closing Remarks

4:00–4:30 PM | Networking

\$25 | Nonmembers

NASW-PA Chapter is a co-sponsor of this workshop. 1 CEs will be awarded. NASW has been designated as a pre-approved provider of professional continuing education for social workers (Section 47.36), Marriage and Family Therapist (Section 48.36) and Professional Counselors (Section 49.36) by the PA State Board of Social Workers, Marriage & Family Therapists and Professional Counselors.

Register Here



New Vitae Wellness and Recovery | 5201 St. Josephs Road Po Box 1001 | Limeport, PA 18060 US

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