

Living Independence for the Elderly (LIFE)



You may qualify to join the Pennsylvania Department of Human Services program called Living Independence for the Elderly (LIFE) instead of a health plan.

Starting in 1998, Pennsylvania was one of the first states in the nation to offer the Living Independence for the Elderly (LIFE) program, known nationally as the Program of All-inclusive Care for the Elderly (PACE). LIFE is Pennsylvania's longest-operating managed long-term care program.

What is LIFE?

LIFE is a Medicaid and Medicare program of all-inclusive care. LIFE helps older Pennsylvanians live healthy, safe, and independent lives in their own homes and communities for as long as possible.

LIFE members have access to individual, coordinated medical care, supportive services, therapies, and in-home services.

LIFE has local providers that pay for, manage, and coordinate all physical and behavioral health services. Care is managed and delivered by a team that includes a doctor, nurse, social worker, therapists, and other care staff.

As the health plan and the provider of services, LIFE covers:

- All Medicare Part A, B, and D benefits
- All Medicaid-covered benefits
- Any other services or supports medically necessary to maintain or improve your health status

With LIFE, there are **no** yearly or lifetime maximum benefit limits and **no** co-pays.



How do I know if I qualify for LIFE?

You may qualify to be evaluated for LIFE if you:

- Are 55 years of age or older,
- Qualify clinically for nursing facility,
- Qualify financially for Medical Assistance,
- Live in an area where a LIFE provider serves, and
- Are able to live safely at home or in the community.



Where can I learn more?

For services you can get in LIFE, read the chart on the last page. To learn more, go to: www.dhs.pa.gov/citizens/LIFE



pennsylvania
DEPARTMENT OF HUMAN SERVICES



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DEPARTMENT OF AGING

What is a LIFE day center?

A fully staffed center is open every day so you can get:

- Behavioral health services*
- Help with personal care, including showering or bathing
- Hot meals
- Laundry services
- Occupational and physical therapy (unlimited)
- Medical care
- Prescription drug coverage
- Recreational and social activities

What in-home health and home care services are in LIFE?

- Chore services
- Durable medical equipment (ramps, grab bars, wheelchairs, and tools for safety)
- House calls from medical providers
- Meal preparation
- Personal care
- Physical and occupational therapy
- Skilled nursing

Are there family and caregiver support services in LIFE?

Depending on your needs, LIFE also offers services to help family members and caregivers, such as:

- Education, training, and counseling
- Palliative care and end-of-life care
- Respite care
- Regular communication with members of your LIFE care team
- Social services and supports, including behavioral health services

What if I am already enrolled in another program?

Anyone who qualifies for LIFE may move to the LIFE program. You can choose to move from LIFE at any time. If you want to keep getting services through your current provider, you do not have to do anything.



What is a LIFE care team?

Your LIFE care team includes your primary care provider (PCP), nurse, social worker, therapists, aides, and van drivers. Your team partners with you and your family to develop, coordinate, and provide a person-centered care plan. Your plan will have the services and supports you need to live safely in your home and community.

LIFE also has networks of service providers and specialists to meet your changing care needs, coordinate medical and social needs, and provide help for your family and caregivers.



How do I enroll in LIFE?

1. Find a LIFE program near you:
 - Enter your ZIP Code at: www.palifeprograms.org/locate-a-life-program
 - Call your nearest LIFE provider to learn more and enroll
2. Or, call us at **1-844-824-3655** (TTY: 1-833-254-0690)

LIFE Co-Pays and Benefits

☎ 1-800-4PA-LIFE | 📠 TTY: 711 | 🌐 www.enrollLIFE.org

Co-pays	
Ambulance	
▪ Per trip	\$ 0
Dental care	\$ 0
Inpatient hospital	
▪ Per day	\$ 0
▪ Maximum with limits	\$ 0
Medical centers	
▪ Ambulatory surgical center	\$ 0
▪ Federally-Qualified Health Center, Regional Health Center, LIFE Community Clinic	\$ 0
▪ Independent medical/surgical	\$ 0
▪ Short procedure unit	\$ 0
Medical equipment	
▪ Purchase	\$ 0
▪ Rental	\$ 0
Medical visits	
▪ Certified nurse practitioner	\$ 0
▪ Chiropractor	\$ 0
▪ Doctor	\$ 0
▪ Optometrist	\$ 0
▪ Podiatrist	\$ 0
Outpatient hospital	
▪ Per visit – outpatient surgical, except maternity	\$ 0
▪ Per visit – non-surgical or diagnostic	\$ 0
Prescriptions	
▪ Generic	\$ 0
▪ Brand name	\$ 0
X-rays	
▪ Per service	\$ 0

Physical and behavioral benefits

- Audiology
- Day health
- Dental
- Emergency
- End-of-life
- Hospital and nursing facility
- In-home supportive care
- Labs and x-rays
- Meals
- Medical specialists
- Nursing care
- Optometry and eyeglasses
- Personal care
- Pharmaceuticals
- Physical, speech, and occupational therapy
- Primary medical care
- Nursing and medical coverage 24/7
- Recreational and socialization activities
- Social services
- Specialized medical equipment
- Transportation to and from day centers, appointments, and social activities
- Other services the LIFE team finds necessary